

News: January 6, 2016 –for Immediate Release
Re: South Suburban College, www.ssc.edu
Contact: Public Relations (708) 596-2000, ext. 2463

BULLDOGS BASEBALL PROGRAM TO HOST ADULT-CHILD BASEBALL CAMPS

SOUTH HOLLAND, IL–The South Suburban College Baseball Program and Head Coach Steve Ruzich will be conducting Adult-Child Baseball Camps in February for boys and girls ages 6 thru 14. The camps will feature sessions for pitching, catching, hitting and fielding while providing adults and children the opportunity to improve their knowledge of baseball skills and techniques.

Kids will be given expert instruction and time to practice and improve their skills through a variety of station drills. Adults will be taught how to use effective teaching methods, provide instruction using proper skill techniques, and utilize effective drills. The campers will work together, have fun, and develop talents in a wholesome, supportive environment.

Ruzich has coached the SSC Baseball Program for the past 29 years with a winning record of 1045-607. Not only has he enjoyed success as a college coach and player, he has also established himself as a reputable youth baseball camp director around the state. In addition to Ruzich's instruction, SSC baseball players will be on hand to help the campers develop and improve their skills. The players' enthusiasm and expertise always adds to the camp's success.

The cost is \$45 for one adult and one child per camp, and \$40 per camp if enrolled in more than one. The cost is \$30 for each additional child.

The camp schedule is as follows:

Pitching:

- Friday, February 12, 6:30 p.m. – 9:00 p.m.
- Saturday, February 20, 9:00 a.m. – 11:30 a.m.

Hitting:

- Saturday, February 13, 9:00 a.m. – 11:30 a.m.
- Sunday, February 14, 12 noon – 2:30 p.m.
- Sunday, February 21, 11:00 a.m. – 1:30 p.m.

Advanced Hitting:

- Sunday, February 21, 2:00 p.m. – 4:30 p.m.

Fielding:

- Sunday, February 14, 3:30 p.m. – 6:00 p.m.
- Friday, February 19, 6:30 p.m. – 9:00 p.m.

Checks should be made payable to:
South Suburban College Baseball
15800 South State Street
South Holland, IL 60473

The camps are located at Bulldog Field on SSC's Main Campus at 15800 South State Street, South Holland, IL. For more information or to register, contact Coach Ruzich at (708) 225-5843, or email sruzich@ssc.edu.

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