

Wellness Committee Meeting
August 25, 2025
Teams Meeting
12:00-12:30 pm

Attendees: Kaitlin Ferguson, Rebecca Garcia, Charlotte Guyton, Judy McDowell, Pat Rush, Chloe Shileny

Pat Started the meeting informing us that Rebecca Garcia was appointed as the chair of the wellness committee. We discussed possible activities for the wellness week. The following were recommended: Staff development, field trip to a wellness resource, health screenings, gardening, yoga classes, and pilates. It was also suggested to ask the insurance committee for approval to restock the food pantry using the wellness funds because we lost our partnership with the Chicago Food Depository.

Our next meeting will be Monday, September 8th at 12:00 noon via Teams.